

## Kauai Marathon Course Records

Overall:			(Gun)	(Chip)	
Men:	Michael Wardian (36)	M-35	2010	2:30:52.6	2:30:52.5
Women:	Colleen Little (26)	F-20	2009	3:08:29.8	3:08:25.8
M16-19	Geoff Whitener (16)		2009	3:28:37.9	3:28:28.6
M20-24	Raymond Real (23)		2010	3:29:24.2	3:29:20.9
F20-24	Sarah Hornsby (24)		2009	3:45:02.2	3:44:54.4
M25-29	JT Service (29)		2010	2:41:24.9	2:41:24.2
F25-29	Colleen Little (26)		2009	3:08:29.8	3:08:25.8
M30-34	Scott Morrissey (30)		2010	3:07:51.5	3:07:47.4
F30-34	Becki Lynn Lassley (31)		2009	3:21:55.8	3:21:54.8
M35-39	Michael Wardian (36)		2010	2:30:52.6	2:30:52.5
F59-39	Jenn Hall (35)		2009	3:36:45.1	3:35:45.1
M40-44	Mark Speck (40)		2010	3:06:59.4	3:06:56.3
F40-44	Sheri Fitzgerald (42)		2009	3:51:45.0	3:51:12.4
M45-49	Michael Streff (46)		2010	2:52:09.1	2:52:07.0
F45-49	Carole Ann Higa (48)		2010	3:57:09.6	3:56:41.8
M50-54	Nicholas Kaiser (54)		2009	3:36:56.5	3:36:46.8
F50-54	Janet Snyder (52)		2009	3:45:07.2	3:44:55.5
M55-59	Jim Miller (58)		2010	3:51:03.4	3:50:59.2
F55-59	Angie Miyashiro (56)		2009	3:53:52.4	3:53:51.2
M60-64	Douglas Naversen (60)		2009	3:41:56.4	3:41:55.0
F60-64	Ann Marie Dolk (62)		2010	4:56:54.2	4:55:14.2
M65-69	Chris Jermyn (68)		2009	3:44:33.8	3:44:28.5
F65-69	Gunhild Swanson (66)		2010	4:24:57.1	4:24:47.1
M70+	Donald Hillrbrandt (71)		2009	5:13:08.0	5:13:02.3

## Kauai Half Marathon Course Records

Overall	Year	Gun Time	Chip Time
Rich Hanna (46) (Males)	2010	1:15:05.1	1:15:04.7
Varinka Barbini (29) (Females)	2010	1:25:46.2	1:25:44.8
M1-15 Tylor Pacheco (14)	2009	2:03:20.9	2:03:13.2
F1-15 Cinzia Bruno (14)	2009	2:02:15.9	2:01:56.0
M16-19 Jordan Kahawai (18)	2010	1:28:09.9	1:28:06.9
F16-19 Shizuka Seto (19)	2009	1:53:41.1	1:53:12.7
M20-24 Chris Wingerberg (24)	2009	1:36:16.3	1:36:15.4
F20-24 Lauren Denton (24)	2010	1:44:38.9	1:44:36.5
M25-29 Christopher Odekirk (28)	2010	1:20:02.9	1:20:02.2
F25-29 Varinka Barbini (29)	2010	1:25:46.2	1:25:44.8
M30-34 Michael Helppie (32)	2010	1:30:14.6	1:30:05.2
F30-34 Rhonda Loo (34)	2010	1:29:33.2	1:29:31.5
M35-39 Frederic Dupraz (35)	2009	1:21:41.2	1:21:40.0
F35-39 Lisa Pollizzi (37)	2009	1:32:19.4	1:32:16.6
M40-44 Jesse Arnstein (40)	2010	1:25:38.0	1:25:36.8
F40-44 Susie Adams (41)	2009	1:35:44.3	1:35:41.6
M45-49 Rich Hanna (46)	2010	1:15:05.1	1:15:04.7
F45-49 Karen Yokley (45)	2010	1:38:42.6	1:38:40.5
M50-54 Brent Biggar (50)	2010	1:28:58.0	1:28:56.6
F50-54 Janet Snyder (53)	2010	1:45:07.3	1:44:30.4
M55-59 Leo McCarthy (55)	2010	1:27:41.0	1:27:39.7
F55-59 Laurel Brier (56)	2009	1:56:25.1	1:54:31.4
M60-64 Ron Pate (62)	2009	1:34:02.2	1:34:01.4
F60-64 Miriam (Mimi) Beams (62)	2009	1:58:56.6	1:58:20.4

## Kauai Half Marathon Course Records

M65-69	Harlan Munneke (65)	2010	2:27:57.7	2:27:45.9
F65-69	Marty Williams (66)	2010	2:27:32.4	2:26:47.4
M70+	Jim McKenna (70)	2010	2:15:43.0	2:15:22.6
F70+	Amy Goldstein (76)	2009	2:40:38.8	2:40:01.6